

2012 YEAR OF SPORT

GET INSPIRED BY THE BRITISH GAS

SWIMMING CHAMPIONSHIPS THIS MONTH

inspired by
London
2012



WARM UP

AND GET INVOLVED IN OUR SWIMMING SESSIONS!

SWIMMING AVAILABLE EVERY DAY IN THREE OF
OUR LEISURE CENTRES AND DURING BE ACTIVE,
OUR HALF TERM HOLIDAY PROGRAMME.

WIN **GOLD** LIKE **REBECCA ADLINGTON** OR BREAK
WORLD RECORDS LIKE **LIAM TANCOCK!**

Try a variety of sports... Sign up to
Be Active today! Yearly memberships start from
as little as £7.50*

*Prices vary

Log on to the Move It website to find sessions taking
place near you, or call into your local leisure centre.

www.moveitsefton.co.uk

Active Sefton is a partnership between Sefton Council,
NHS Sefton and the local voluntary and community sectors

Sefton Council



ACTIVE
SEFTON